

Protective Level of Care Rule Citations

5101:3-3-05 (B) Level of care definitions

- (2) "Activity of daily living (ADL)" means a personal or self-care task that enables an individual to meet basic life needs. For purposes of this rule, the term "ADL" includes the following defined activities:
- (a) "Bathing" means the ability of an individual to cleanse one's body by showering, tub, or sponge bath, or any other generally accepted method.
 - (b) "Dressing" means the ability of an individual to complete the activities necessary to dress oneself and includes the following two components:
 - (i) Putting on and taking off an item of clothing or prosthesis; or
 - (ii) Fastening and unfastening an item of clothing or prosthesis.
 - (c) "Eating" means the ability of an individual to feed oneself. Eating includes the processes of getting food into one's mouth, chewing, and swallowing, and/or the ability to use and self-manage a feeding tube.
 - (d) "Grooming" means the ability of an individual to care for one's appearance and includes the following three components:
 - (i) Oral hygiene;
 - (ii) Hair care; and
 - (iii) Nail care.
 - (e) "Mobility" means the ability of an individual to use fine and gross motor skills to reposition or move oneself from place to place and includes the following three components:
 - (i) "Bed mobility" means the ability of an individual to move to or from a lying position, turn from side to side, or otherwise position the body while in bed or alternative sleep furniture;
 - (ii) "Locomotion" means the ability of an individual to move between locations by ambulation or by other means; and
 - (iii) "Transfer" means the ability of an individual to move between surfaces, including but not limited to, to and from a bed, chair, wheelchair, or standing position.
 - (f) "Toileting" means the ability of an individual to complete the activities necessary to eliminate and dispose of bodily waste and includes the following four components:
 - (i) Using a commode, bedpan, or urinal;
 - (ii) Changing incontinence supplies or feminine hygiene products;
 - (iii) Cleansing self; and
 - (iv) Managing an ostomy or catheter.
- (5) "Assistance" means the hands-on provision of help in the initiation and/or completion of a task.
- (17) "Instrumental activity of daily living (IADL)" means the ability of an individual to complete community living skills. For the purposes of this rule, the term "IADL" includes the following defined activities:
- (a) "Community access " means the ability of an individual to use available community services and supports to meet one's needs and includes the following three components:
 - (i) "Accessing transportation" means the ability to get and use transportation.

(ii) "Handling finances" means the ability of an individual to manage one's money and does not include transportation. Handling finances includes all of the following:

- (a) Knowing where money is;
- (b) Knowing how to get money;
- (c) Paying bills; and
- (d) Knowing how to get and use benefits and services, including but not limited to:
 - (i) Health benefits and insurance;
 - (ii) Social benefits; and
 - (iii) Home utilities.

(iii) "Telephoning" means the ability to make and answer telephone calls or use technology to connect to community services and supports.

(b) "Environmental management" means the ability of an individual to maintain the living arrangement in a manner that ensures the health and safety of the individual and includes the following three components:

- (i) "Heavy chores" means the ability to move heavy furniture and appliances for cleaning, turn mattresses, and wash windows and walls; and
- (ii) "House cleaning" means the ability to make beds, clean the bathroom, sweep and mop floors, dust, clean and store dishes, pick up clutter, and take out trash;
- (iii) "Yard work and/or maintenance" means the ability to care for the lawn, rake leaves, shovel snow, complete minor home repairs, and paint.

(c) "Meal preparation" means the ability of an individual to prepare or cook food for oneself.

(d) "Personal laundry" means the ability of an individual to wash and dry one's clothing and household items by machine or by hand.

(e) "Shopping" means the ability to obtain or purchase one's necessary items. Necessary items include, but are not limited to, groceries, clothing, and household items. Shopping does not include handling finances or accessing transportation.

(18) "Less than twenty-four hour support" means that an individual requires the presence of another person, or the presence of a remote monitoring device that does not require the individual to initiate a response, during a portion of a twenty-four hour period of time.

(25) "Need" means the inability of an individual to complete a necessary and applicable task independently, safely, and consistently. An individual does not have a need when:

- (a) The individual is not willing to complete a task or does not have the choice to complete a task.
- (b) The task can be completed with the use of available assistive devices and accommodations.

(38) "Supervision" means either of the following:

- (a) Reminding an individual to perform or complete an activity; or
- (b) Observing while an individual performs an activity to ensure the individual's health and safety.

PROTECTIVE LEVEL OF CARE REVIEW WORKSHEET

(March 2012)

Individual's name: _____

Person completing worksheet: _____

Date: _____

5101:3-3-06 Criteria for the protective level of care

The criteria for the protective level of care is met when the individual has a need for:

1. Supervision of 1 ADL AND assistance with 3 IADLs as defined in 5101:3-3-05; or
2. Supervision of medication administration AND assistance with 3 IADLs as defined in 5101:3-3-05; or
3. Less than 24-hour support in order to prevent harm due to a cognitive impairment, as diagnosed by a physician or other licensed health professional acting within his or her applicable scope of practice, as defined by law.

Indicate below the criteria with which the individual meets criteria for protective level of care.

Option 1:

_____ **Requires supervision of one ADL**

- _____ Bathing
- _____ Dressing (requires supervision getting items on/off ORfastening/unfastening an item or prosthesis)
- _____ Eating
- _____ Grooming (requires supervision with oral hygiene, hair care, AND nail care)
- _____ Toileting (requires supervision with one of the following):
 - _____ Using commode, bedpan, or urinal
 - _____ Changing incontinence supplies or feminine hygiene products
 - _____ Cleansing self
 - _____ Managing an ostomy or catheter
- _____ Mobility (requires supervision in one of the following areas):
 - _____ Bed mobility
 - _____ Locomotion
 - _____ Transfer

AND

_____ **Requires assistance with 3 IADLS**

- _____ Meal preparation
- _____ Environmental management (a need must exist in all of the following three areas):
 - _____ House cleaning
 - _____ Heavy chores
 - _____ Yard work/maintenance
- _____ Personal laundry
- _____ Community access (a need must exist in at least one of the following three areas):
 - _____ Accessing transportation
 - _____ Handling finances
 - _____ Telephoning
- _____ Shopping

Option 2:

_____ **Requires supervision of medication administration**

AND

_____ **Requires assistance with 3 IADLS**

_____ Meal preparation

_____ Environmental management (a need must exist in all of the following three areas:)

_____ House cleaning

_____ Heavy chores

_____ Yard work/maintenance

_____ Personal laundry

_____ Community access (a need must exist in at least one of the following three areas:)

_____ Accessing transportation

_____ Handling finances

_____ Telephoning

_____ Shopping

Option 3:

_____ Requires less than twenty-four hour support, as defined in rule 5101:3-3-05 of the Administrative Code, in order to prevent harm due to a cognitive impairment, as diagnosed by a physician or other licensed health professional acting within his or her applicable scope of practice, as defined by law