

PROTECTIVE LEVEL OF CARE REVIEW WORKSHEET

(2-8-09)

Requirements (5101:3-3-08)

Activity of Daily Living (ADL) means a personal or self-care skill performed, with or without the use of assistive devices, on a regular basis that enables the individual to meet basic life needs for food, hygiene, and appearance.

Instrumental Activity of Daily Living (IADL) means a community living skill performed, with or without the use of assistive devices, on a regular basis that enables the individual to independently manage the individual's living arrangement.

Definitions

Supervision: Reminding an individual to perform or complete an activity, or observing while an individual performs an activity to ensure the individual's health and safety.

Assistance: The hands-on provision of help in the initiation and/or completion of a task.

Checklist: Refer to complete definitions as defined in 5101:3-3-08

1. _____ Requires supervision of one ADL
- _____ Bathing
 - _____ Toileting
 - _____ Dressing
 - _____ Eating
 - _____ Grooming includes the ability to perform tasks associated with oral hygiene, hair care, and nail care
 - _____ Mobility includes all of the following: All 3 must be checked to check mobility as an ADL requiring supervision.
 - _____ Bed Mobility
 - _____ Transfer
 - _____ Locomotion

AND

- _____ Requires assistance with three IADLs
- _____ Shopping
 - _____ Meal Preparation
 - _____ Personal Laundry
 - _____ Environmental Management. All 3 must be checked to check environmental management as an IADL requiring assistance:
 - _____ House Cleaning
 - _____ Heavy Chores
 - _____ Yard work and/or maintenance

Applicant's Name: _____
Person Completing Report: _____
Date: _____

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_____ Accessing Community Services. All 3 must be checked to check accessing community services as an IADL requiring assistance:

- _____ Telephoning
- _____ Accessing Transportation
- _____ Managing legal/financial affairs

(If both are met, the individual has met the Protective Level of Care criteria)

OR

2. _____ Requires supervision of self-administration of medication

AND

_____ Requires assistance with three IADLs

- _____ Shopping
- _____ Meal Preparation
- _____ Environmental Management. All 3 must be checked to check environmental management as an IADL requiring assistance:
 - _____ House Cleaning
 - _____ Heavy Chores
 - _____ Yard work and/or maintenance

_____ Personal Laundry

_____ Accessing Community Services. All 3 must be checked to check accessing community services as an IADL requiring assistance:

- _____ Telephoning
- _____ Accessing Transportation
- _____ Managing legal/financial affairs

(If both are met, the individual has met the Protective Level of Care criteria)

OR

3. _____ Due to a cognitive impairment, including but not limited to dementia, the individual requires the presence of another person, on less than a 24 hour a day basis for the purpose of supervision to prevent harm.

(If met, the individual has met the Protective Level of Care criteria)

Applicant's Name: _____
Person Completing Report: _____
Date: _____